



Cahuilla Band of Indians

Cahuilla Tribal Environmental Protection Office

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AUGUST NEWSLETTER



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CTEPO Updates!

For the month of August, we are switching it up! This month's updates are going to focus on what we have on the books for the next couple of months.

1. **Water Testing!** If there is anyone who would like us to collect updated readings of water from your area within the Reservation, please reach out to us so we can set up a date up for sampling.
2. **Have questions about water quality?** Check out our Wellhead Care Guidebook on CTEPO's webpage or request a copy from us. There is a lot of important information in how you can help keep the water as clean as possible.
3. **Waste!** If you have any bulk waste, white waste, e-waste, green waste, or recycling, give us a call. We can do pickups upon your request or there might be a collection event happening soon we can tell you about.
4. **Gardening!** The Cultural Garden is always open for Tribal Members to use and help grow. As we look into expansion and relocation, we are aiming to be as inventive as possible in bringing the best garden to the community. That means your ideas and needs are most important! Let us know what you'd like to see!

Summer Calendar

August 2026

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Final Day
of Bulk Bin

No Trash Pickup

Trash Pickup
Resumes

September 2026

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Labor
Day

Cahuilla
Gathering

American
Indian
Day



Feverishly Fun Facts

August is one of the top ranked months for most babies born! In fact, summer is the most popular time of year for births.

With some of the hottest days (AKA The Dog Days of Summer), August is a particularly important time to take care of yourself! The hotter months are known to increase risk for dehydration and heat exposure-related illnesses.

You can turn your gaze to the skies during an August night to view the Perseid meteor shower! Towards the middle of the month is the best time to see it.



Sunny Sillies

Why is there gold blowing through the wind?
Because it's Au-gust

My friend just asked me why I'm wearing my sweatshirt in August.
I told him I'm a trendsetter, I wear sweatshirts before it's cool.

What makes August so hot?
The Sun.



International Day of the World's Indigenous Peoples

A Day Worth Celebrating

Did you know August 9th is celebrated around the globe as International Day of the World's Indigenous People?

The special day was adopted in 1994 by the United Nations. The celebration of Indigenous People by the United Nations recognizes the vital role Indigenous people play as advocates and protector of history, tradition, culture, diversity and the natural world.

The incorporation of Traditional Ecological Knowledge in global environmental efforts further exemplifies the invaluable role Indigenous communities play in historical preservation and global innovation in the name of sustainability.



Traditional Ecological Knowledge

Traditional Ecological Knowledge (TEK) is one of the most valuable tools available to the world in the effort to better protect the Earth from harmful human activities. Who better to understand the needs and best practices in any given region than the communities which have lived there for countless generations?

TEK harnesses the wisdoms of indigenous peoples to underline the importance of ensuring harmony between people and the planet. This information has been used to adapt existing policies and sustainability strategies to better reflect the needs of the land and all life which inhabits it.

There are many ways in which Cahuilla's traditional practices have been a positive influence on the environment. What of Cahuilla's culture and traditions do you think of when learning about TEK?

Indigenous Midwifery

Every year, August 9th serves as an opportunity to highlight important issues impacting Indigenous communities throughout the world.

This year's focus is on Indigenous Midwifery and the value of these cultural practices to the history and future prosperity of Indigenous peoples and cultures.

Learn more about it from UNEP.

<https://www.un.org/en/observances/indigenous-day>

Word Bank

**Traditional
Ecological
Knowledge
Indigenous
August
Midwife
Services
Ecosystem
Wisdom
Culture
Diversity
Stewards
United Nations
Generation
Green
Ninth
History
Native
Practiced
Integrated**

Word Search

O	M	X	L	K	H	S	A	A	N	D	T	J	C	I
I	O	E	C	T	N	U	W	M	H	N	G	U	E	U
N	T	K	N	J	G	O	E	F	I	W	D	I	M	A
D	O	I	S	U	N	T	W	R	U	L	A	J	B	L
I	N	C	S	E	N	C	U	L	T	U	R	E	A	D
G	N	T	I	W	C	Y	S	B	E	E	R	N	B	I
E	C	O	L	O	G	I	C	A	L	D	O	M	M	V
N	I	F	I	T	N	Y	V	M	D	I	G	S	E	E
O	Q	H	S	T	M	A	T	R	T	O	T	E	T	R
U	Z	A	V	O	A	X	T	I	E	E	N	N	S	S
S	D	O	D	K	H	R	D	I	W	S	E	G	Y	I
Z	V	S	J	T	H	A	E	A	V	S	E	C	S	T
H	I	S	T	O	R	Y	R	N	L	E	R	D	O	Y
W	G	M	F	T	M	D	G	L	E	D	G	T	C	S
Z	X	I	A	G	S	L	T	V	J	G	E	Y	E	P

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